



Turning Point



In the present world, where competition is the key word, success rarely makes a visit and even when it does, it visits just a few. It is said "To remain where you are one should run fast; and to be a leader you should run even faster". The process, called Education, of equipping the future generation to thrive and to succeed in a world, where nothing happens without much toil, has moved a lot forward from its previous position of providing data from the textbooks. It now stands for the overall improvement of each and every student in achieving skills and giving a feel and taste of the real world outside. A lot of key expertise is to be developed in them to make them fit for the cutthroat competition, they are likely to confront, once they are ready to face life and succeed in life. This programme envisages equipping the students to tackle such situations and to provide soothing support to all the psychological strains they are going through, every day. Accordingly, this programme - Turning Point - is launched to combat the hardships of students, after critically analysing the psychological and emotional factors, thereby making them face realities courageously.

What is Turning Point?

Turning point is a six-day workshop intended for identifying capacities of each individual, make each of them to fix a goal according to their capacities and then to programme a plan for reaching the goal. It is also intended to develop the inter/intra personal relationship of individuals and to build their confidence, making them comfortable while facing the public, attending interviews / group discussions and so on. A lot of skill development techniques are also incorporated into the programme.

Why Turning Point?

The entire programme is designed so as to bring out and boost the hidden or explicit capacities in each participant helping him/her to excel in his/her life, converting them to a successful personality. The modules are custom made to match the requirement of each individual. Each participant is made to identify his strengths that will help him to stand out in the crowd. Help is also provided to find out a career that will best suit each one of them, and to identify the appropriate steps that each one should take to reach the top notch, thereby leading to fulfilment in life.

The programme also incorporates a few psychological tests and questionnaires that will help to achieve the said facts, in an interactive manner. The resource person, being a psychological counselor, is well equipped to help the participants in clearing their psychological problems, if any. 'Subconscious mind programming' a technique included in the programme, makes use of subliminal suggestions to make the feeling of success permanent in the mind of the participants.

To achieve the objective, the programme makes use of state of the art technologies like Digital Movie Camera, Laptops and allied peripherals, Digital Audio System, LCD Projector; influencing the participants through more than one medium. If in other words, it will be a total multi media experience, where the participant also gets a feel of different multi-media equipment.

Another factor of this programme, the most important one, is that participants can make use of the resource person as their mentor, especially when decisions are difficult to make or when they are facing problems.

Turning Point - An over view.

The following topics are covered in detail, giving each participant a thorough understanding on each of them, during the course of the programme

1st day

1. Ice Breaking
2. Conquering Inhibitions
3. Group Dynamic

2nd day

4. Team Building
5. Problem Solving
6. Creativity
7. Memory Management
8. Stress Management

3rd day

9. Preparing a Block Buster Resume
10. Effective Communication
11. How to face Interview Board
12. Excel in Group Discussion
13. Effective Public Speaking
14. Presentation Skills



4th day

15. Unleashing Inner Power
16. Time Management
17. Leadership
18. Interpersonal Relationship
19. Paradigm Shift

5th day

20. Self Analysis
21. Mind Management
22. Goal Setting

6th day

23. Motivation
24. Positive Mental Attitude
25. Social Commitment
26. Rapid Fire

Duration and Schedule

This programme is having two parts. The first part is the first six days. The time for this is from 6:30 am to 12:30 night on all days except first day (4:00 pm to 12:30 night) and last day (6:30 am to 5:00 pm). The second part is the last four days which shall be spread over two weeks including Saturday and Sunday according to convenience of trainers and college authorities. The time for this shall be usual college time (9:00 am to 4:30 pm)

Aptitude training for four days is as follows

7th day

27. Math Basics
 - Number puzzles, number series, letter series
 - HCF & LCM related problems
 - Percentage, Ratio and Proportion
 - Powers, AP & GP
 - Odd man out, coding de coding
 - puzzles

8th day

28. Quantitative Aptitude
 - Time and work, Pipes and cisterns
 - Profit and loss
 - Time and distance



- Train, boats and streams, track problems
- Areas and volumes & data interpretation
- Problems related to clocks

9th day

29. Nonverbal reasoning

- Mechanical reasoning , Cube related Problems, Dice, Direction sense
- Visual puzzles tabular sequence etc
- Permutation combination, Probability, Puzzles
- Factual questions

30. Analytical reasoning 1

- Blood relations
- Age problems
- Calendars

10th day

31. Verbal ability

- Reading comprehension
- Antonyms and synonyms
- Sentence correction
- Sentence completion
- Theme detection
- Deducting words from one word

32. Analytical reasoning 2

- Set theory and syllogisms
- Data adequacy

33. Concluding session

Minimal arrangement required

Minimum number of participants should be at least 80 per batch and the maximum shall be 120 per batch. A small hall (ideally isolated from other classes so that the program sound may not disturb other classes) should be provided to conduct the programme and the college should take initiative in collection and in paying the resource person the respective charges. Decent accommodation and simple vegetarian food should also be arranged for the resource persons.



Benefits for the participants

1. Helps the participants to identify their hidden capacities & strengths.
2. Helps the participant to be placed by successfully going through aptitude tests, interviews, GDs etc.
3. Helps to recognize the passion or latent interest of each participant
4. Helps to set a goal accordingly
5. Sets out a plan for achieving the goal
6. Personality development occurs
7. Presentation & communication skills are improved especially Public Speaking
8. Lots of other skill development happens
9. This programme can help the students in building up the right attitudes and help him excel in many extra academic activities of the institution like the College Union, Arts Club, Nature Club, Debating Club and even sports.
10. Each participant by attending this programme is able to stand out in any crowd he is, with ones high leadership skill developed.

Additional Benefits to the institution

The participant is sure to experience a substantial positive change, thereby benefiting the institution in huge quanta. There will also be development in the over all culture of the institution. The institution can highlight a major problem of the institute like ragging, strike, unfair politics, irreverence to teachers, gangs, destruction of institution property. This will be properly addressed in the programme and a proper solution can be brought out.

Charges as actual

A nominal fee of Rs. 1500.00 is charged from each student, for the entire 10days. The charges include the cost for training, course material, personal psychological counselling, psychological tests administrating. Money will be returned to unsatisfied students who attend the programme fully.

Qualifications & Credentials of the Chief Faculty

- B.Tech in Electronics & Communication
- Master in Business Administration
- Master in Psychology
- International Trainer of Junior Chamber (Excel)
- Visiting faculty for MBA course for various universities
- Research Scholar in Management and Psychology



Clientele

Being an active trainer and facilitator in India and abroad, the resource person possesses a vast clientele, Some of the professional colleges where he conducted training include: -

NSS College of Engineering, Palakkad
 National Institute of Technology (Former REC)
 CMS College, Coimbatore
 Kumaraguru College, Coimbatore
 VLB Janaki Ammal, Coimbatore
 College of Engineering, Kidangoor
 DC School of Management, Vagamon
 DJ Academy of Managerial Excellence, Coimbatore
 Karunya Institute of Technology, Coimbatore
 MES College of Engineering, Kuttippuram
 Calicut University Engineering College, Calicut
 KMCT Engineering College, Calicut
 Amal Jyothi Institute of Engineering, Kanjirappilly.
 Viswa Jyothi College of Engineering, Vazhakkulam
 St. Joseph's College of Engineering and Technology, Pala
 Jyothi College of Engineering, Trichur
 Sri Narayana Mangalam College of Engineering, Malliankara
 St. Gits College of Engineering, Kottayam
 Federal Institute of Science and Technology, Angamally
 TKM College of Engineering, Kollam
 TKM Institute of Technology, Kollam
 Cochin University College of Engineering, Pulinkunnu
 College of Engineering, Vadakara
 Sree Budha College of Engineering
 Ilahia College of Engineering and Technology, Muvattupuzha
 Royal College of Engineering, Trichur
 Vidhya Academy of Science and Technology, Trichur
 College of Engineering, Poonjar.

Act now

Turning point is sure to provide positive results to your students. If you would want any clarifications feel free to contact us.



Live life to the fullest

Awaiting your reply to start a journey in moulding the future generation.

Contact Turning Point

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